cfuw OAKVILLE

IN TOUCH

Let's Give to Gain!

November 2026 Vol 45, Issue 3

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November's Speaker: **Sarah Murphy**

How to be a Jeopardy! Contestant

We anticipate a fun night ahead with Jeopardy! contestant Sarah Murphy who was selected to be on the show in December 2025 . Sarah will give us the inside scoop on the auditioning process and filming on location in Los Angeles.

Presently she is working as a Freelance Transcript Editor with The New York Times.

We will be having a Trivia Contest so be prepared to answer some skill testing questions !



We are looking forward to meeting with you on Monday, November 16, 2026 at the Trafalgar Park Community Centre, TPCC, 133 Rebecca Street, or via Zoom.
Doors will open at 6:30, the meeting will begin at 7.

Holiday Dinner details are on page 3 and 4.



Leadership Message

As the days get shorter and we have passed the October milestones of Thanksgiving and Halloween, November comes. For many, November seems like a dark month, the one between Thanksgiving and the Festive month of December with its bright lights, carols and shopping. November has many significant events throughout history from groundbreaking inventions to significant political events that have shaped our world of today. November is a time to remember and reflect.

November may not be known for all the important milestones but some of them rocked the world and changed the course of history, others brought delight to the world, while others still fascinate us. Here are just a few of those milestone events that occurred in November, Hope you find them interesting and of course, helpful with that trivia game.

November 1, 1512: Michelangelo's Sistine Chapel Ceiling Is Unveiled
November 3, 1957: Laika is the First Animal to Orbit Earth
November 9, 1989: The Fall of the Berlin Wall
November 10, 1969: Sesame Street Debuts
November 11, 1918: Armistice Day Ends World War I
November 13, 1940: Disney's "Fantasia" Premieres
November 15, 1867: The First Stock Ticker Debuts
November 18, 1928: Mickey Mouse Debuts in "Steamboat Willie"
November 20, 1985: Microsoft Releases Windows 1.0
November 22, 1963: The Assassination of JFK

Closer to home in Canada, November is important for us in how we remember and honour our history of serving and supporting the world. We remember our Veterans through Veterans' Week - Nov 5-11, Indigenous Veterans' Day - Nov 8 and Remembrance Day – Nov 11. It is through these days we can show our respect and our gratitude to those who served our country and continue to support our country.

We can take the time to remember and show our support to the families of the tragic events of October 17, 2026, when a fire ignited in a training area at CFB Wainwright military base in Alberta caused the death of four service members and the injury to 39 others, 19 of them critically.

November is Remembrance!

Deborah, Katherine, Kyoko
Leadership Team

See the October edition of the OC newsletter **here.**

Sandra Shaw, president of OC, writes about her experience with the **politics of rage** as she supported her local Club at an all-candidates meeting. In the October issue and **here.**

When plans are announced for the next event in the Speakers Series you will see them **here.**

Click on the date to read a recent newsletter from **CFUW National.** **Oct 2, Oct 9, Oct 16, Oct 23, Oct 30.**

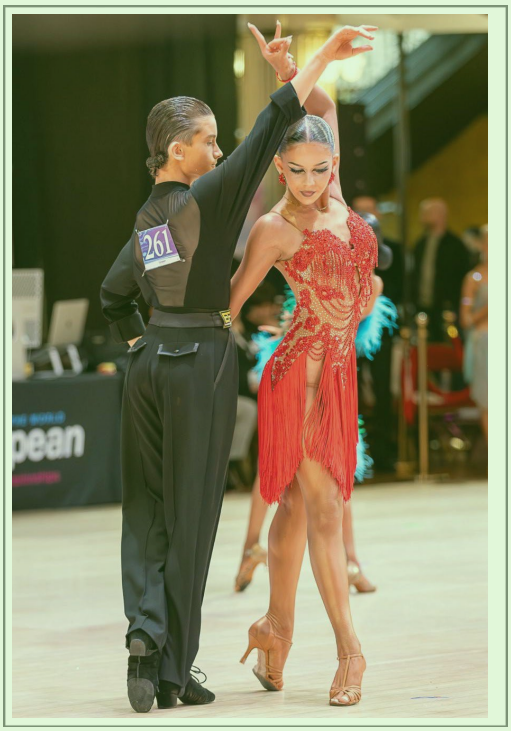
See the Oct 23 issue for info on CFUW Southport's Zoom presentation on November 11 of a thought-provoking discussion with Dr Evelyn Forget on how a basic income could help address growing economic challenges facing Canadians.

These newsletter links are always for issues from the past month. You can subscribe yourself if you want to see timely announcements of happenings at other local Clubs or national events. Scroll to the bottom of any issue to find the subscribe link.

Please remember to **Save the Date for our Holiday Dinner** to be held on Monday, December 7, 2026. Details on the next page.

Those who would like to contribute a bottle of wine for the Holiday Dinner wine baskets are asked to please bring them to the next General meeting or give them to Gloria Tomlinson, Katherine Beaudry, Deborah May or Kyoko Kobayashi.





CFUW Oakville Holiday Dinner
Monday December 7, 2026

Enjoy a delicious dinner, fun entertainment and special time spent with our wonderful CFUW friends!

The Dynamic Dancing Duo Slava and Gaya will entertain us with dances like the Cha Cha and Samba.They are Canada's rising stars and the 2025 Canadian National Latin Junior Vice Champions, Under 16 Ontario Champions, Junior 2 Grand Slam & Fordney Foundation winners of Empire Dance NYC.

Date: Monday, December 7
Cash Bar: 6:00 p.m.
Seating: 6:50 p.m.

Oakville Conference Centre
2515 Wyecroft Rd, Oakville
Tickets: $80

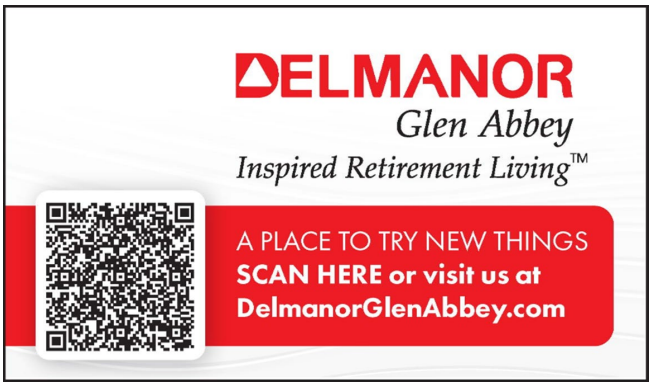
Please remember to bring cash for the 50/50 draw.
All proceeds go towards our Scholarships.
The Charity to be supported is Safetynet Youth and Children's Charities.

RSVP to Katherine Beaudry
kathbeaudry@gmail.com and mention food allergies/restrictions.
If you would like to sit with a specific friend or group, or arrange your own table of 8, please let us know when you RSVP.
Purchase your ticket via e-transfer to fees@cfuwoakville.ca
Or by cheque mailed to CFUW Oakville, P.O. Box 30048
478 Dundas St. W., Oakville, ON L6H 6Y3

Business Supporters

CFUW Oakville is happy to have the support of several local businesses who pay for advertising in each newsletter and in our Directory.

Please consider using their services and telling others about them.











Crime and Caffeine II met in October to discuss the novel The Scent of Lilacs and were very fortunate to have the author, Antonia Giglio, in attendance. Everything from the novel's conceptualization to her writing technique and finally the publication process was discussed. Her research in advance of writing this psychological thriller lent itself to a very lively conversation amongst our members.
We all look forward to the release of her follow up novel, she already has us intrigued.

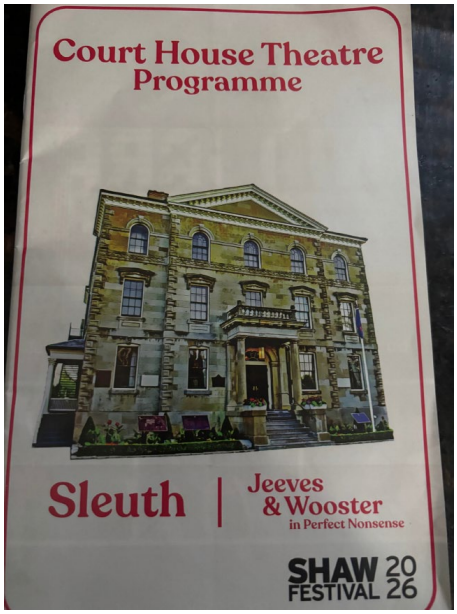


Zoom and Interest Groups

Please remember that when your interest group needs a zoom call to be set up, ask Christine Forber at interestgroups@cfuwoakville.ca. She needs to know the group having the zoom call, date and time, if it is recurring and who is the host.



The **Foodie World Adventures** group enjoyed a Croatian dinner in October.



Crime and Caffeine 2 went to NOTL on October 6 for lunch at The Epicurean and then to the Theatre to see Sleuth.

Thanks to our convenor Carolyn Collings-Merk for organizing everything as she does so well. We were in a hurry to drive home and forgot to get a group pic😔



Ladies@Lunch enjoyed a fun lunch organized by Gloria at Hibachi - chopping, flames, broccoli tossing and lots of good meat, seafood, veggies and rice😋



Interest Group Activities for November 2026
New and returning members who would like to join one of these groups are encouraged to let the Interest Group Chair know at interestgroups@cfuwoakville.ca
They will try to accommodate your wishes

Book Discussion and Exchange Clubs, daytime or evening. Members of these book clubs choose books to read and discuss each month. Book exchange groups do not meet for discussion; they pass each book around the group.

Name		Convenor	Date and Time
BookBeat AM		Angela Hantoumakos	1st Wednesday, 10:00 am *Mona's Eyes,* Thomas Schlesser
Page Turners		Marla Newton Martina Eisleb	2nd Monday, 1:00 pm
BookBeat PM	1	Charlotte Jeneway	Last Thursday, 7:30 pm *Liberty Street,* Heather Marshall
	3	Helen Litton	1st Tuesday, 7:30 pm *West with Giraffes.,* Lynda Rutledge
Reading Circle		Deborah May	2nd Wednesday, 7:00 pm *Mad Honey ,* Jody Picoult & Jennifer Finney Boylan
Crime & Caffeine	1	Leigh Mayers	Last Monday, 1:30 pm *The Writing Ends Itself,* Evelyn Clark
	2	Carolyn Collings Merk	4th Monday, 1:30 pm *The Chambermaids Key,* Genevieve Graham
	3	Joan Dunn	2nd Monday, 1:30 pm *Five Little Indians,* Michelle Good
Central Book Exchange		Marion Davis	Books are chosen in Sept for the year
West End Book Exchange		Sue Stephens	Books are chosen in Sept for the year **OPEN**
We the North Book Exchange		Marg MacLure	Books are chosen in Sept for the year such as *London Falling,* Patrick Radden Keefe or *The Finest Hotel in Kabul,* Lyse Doucet
Literary Ladies		Pam Schwartz	1st Thursday, 10:00 am A *Painting To Die For,* David L. Tucker

Bridge, Scrabble and other board games: Friendly social groups to test one's skill and enjoy different scenarios.

Name	Convenor	Date and Time
Marathon Bridge	Margaret Pospisil Laurie Nordin-MacLeod	Times vary throughout the month **OPEN**
Word Power through Scrabble	Wanda Crichton Lyndsey Thom	2nd Tuesday, 1:00 pm

Exploring Ideas Together: Advocacy Committee presents an opportunity to educate ourselves on current issues and explore ideas together. Aging Collaboratively members want to discover the possibilities to create a better journey later in life; Beyond Bloomsbury members meet once a month to listen to speakers and discuss topics such as health, politics, education.

Name	Convenor	Date and Time
Aging Collaboratively		4th Tuesday, 3:30 pm
Beyond Bloomsbury	June Cockwell	4th Tuesday, 7:00 pm

Meditation and Mindfulness: Evening Meditation enjoys the relaxation of a guided meditation followed by a group discussion; Mindfulness and Meditation explores through readings, discussion and practice, Psychology and Spirituality explores the human soul in a cheerful and friendly atmosphere. Research is shared and discussed.

Name	Convenor	Date and Time
Evening Meditation	Leanne Siracusa	2nd Tuesday, 8:00 pm **OPEN**
Mindfulness and Meditation	Reet Kazakoff	3rd Tuesday, 10:00 am
Meditation and Mindfulness for Beginners	Sandra Gorlick	2nd Monday, 10:00 am **OPEN**
Psychology and Spirituality	Sue McArthur	2nd Thursday, 9:30 am

Celebrating Good Food and Conversation: Gourmet groups meet monthly to share fine food, menus, recipes and good company; Ladies@Lunch is a fun group that meets monthly for lunch and socializing; Foodie World Adventures members enjoy cooking, baking and experimenting with unusual ingredients from around the world; Social Eves focuses on exploring a wide variety of interests and topics while providing an opportunity to socialize, network and have lots of fun; Couples' Chat and Chow dine out on a weekday evening.

Name		Convenor	Date and Time
Gourmet	**1**	Alison Gemmell	4th Thursday, 6:30 pm
	2	Anne Douglas	2nd Thursday, 6:30 pm
	3	Laurie Nordin-MacLeod Sue Stephens	2nd Thursday, 6:30 pm
Ladies@Lunch		Lise Moras	3rd Thursday, 12:30 pm
Social Eves		Marjorie Bell Leanne Siracusa	4th Wednesday **OPEN**
Foodie World Adventures		Eva Baxter	3rd Wednesday, time TBD
The Singles Network		Diane Murphy	Dates and times of events are determined by participants. **OPEN**
Couples' Chat and Chow		Leanne Siracusa	Weeknights during the last week of the month **OPEN**



Hikers 1 on October 20 at Sliver Creek on the Bruce Trail.

Physical Activity: Dragon Boating, Golf, and Happy Hikers are opportunities for members to participate in the activities they enjoy in the company of friends and other members; Walking with Friends chooses flat level routes.

Name		Convenor	Date and Time
Dragon Boating		Judy Pielsticker Susan Stavin	Any CFUW members who are interested in Dragon Boating are asked to contact Susan Stavin or Judy Pielsticker. **OPEN**
Golf		Katherine Beaudry Angie Vassallo	**OPEN**
Happy Hikers	**1**	Jane Underwood Joyce See	Tuesday am, weather permitting, September to June
	2	Wanda Crichton Judith Setton	Wednesday am, bi-weekly, weather permitting September to June, **OPEN**
Walking with Friends		Brenda Walker Jane Jewitt	Monday, 9:15 am **OPEN**



Another glorious image from the Hikers 1 visit to Silver Creek on the Bruce Trail.

This Month's Scholar – **Susana Maria Junco Arciniegas**

CFUW Oakville Academic and Service Award (one of three) requires significant school/community service and leadership, as well as academic excellence. Financial need is a requirement for this award.



High School: St. Thomas Aquinas Secondary School
Extra Curricular Activities: School Swim Team, Racer and Relay Team member; School Concert Band and Graduation Band, lead Euphonist, Piano RCM Level 6; STA Morning Show Host, Raiders Unplugges Podcast Host.
Volunteering: Young Vincentians of St. Dominic Parish, Co-president, communications; St. Thomas Aquinas Creative Care Club, Co-leader; Bronte Historical Society, Museum Host and Auxilliary Secretary; St. Dominic Parish, Lector, Altar-server, Petitioner; St. Thomas Aquinas Mentor Program, Grade 11 and 12 mentor.
Awards: Bishop's Altar Server Award of Service; CEFO Catholic Student Award; Leadership Award; Halton Catholic Athletic Association Swimming Cometition Finalist; OFSAA Swimming Participant; Royal Conservatory of Music Level 4 Piano- First Class Honours.
Work Experience: Zeina Nsair, French Tutor; Residents of Bronte Harbour Club, Cat-sitter; Zeina Nsair, on-call baby-sitter.
Post Secondary:
University of Ottawa, Bachelor of Arts Joint Honours in History and Political Science (Co-op) French Immersion Stream

Susana is an outstanding student recognized for her academic excellence, leadership, compassion, and commitment to serving others. Her passion for social justice was shaped through her involvement with the Young Vincentians youth outreach group at St. Dominic Parish, where she developed a strong sense of purpose and leadership skills that continue to guide her community service.

In 2024, Susana received the Father Patrick Fogarty Award from the Catholic Education Foundation of Ontario, recognizing her academic achievement, school and community involvement, and commitment to the values of Catholic education.

At St. Thomas Aquinas Catholic Secondary School, Susana has distinguished herself as Head of the Creative Care Club, a member of the concert band and choir, an accomplished pianist, and host of the school morning show and Raiders Unplugged podcast. She has also competed in individual and relay athletics.

Susana's leadership has been strengthened by the encouragement of a teacher who reminded her, "When you're nervous and your heart is thumping, it's like your heart is cheering for you." Despite family challenges, including long periods of separation from her mother and financial pressures on her family, Susana has demonstrated remarkable resilience, perseverance, and maturity. Guided by her faith and compassion, she continues to lead by example and make a meaningful difference in her community.

It is with great Pleasure that CFUW Oakville presents Susana Maria Junco Arciniegas with the CFUW Oakville Academic and Service Award.

CFUW Oakville Leadership Team Portfolio Contacts for 2026-2027

Kyoko Kobayashi	Katherine Beaudry	Deborah May
Meeting Venue Rentals Advocacy Charitable Trust Technology Ontario Council	Dinners Interest Groups National Council Programme Scholarship	Finance Membership Communications, Publicity

CFUW Oakville Board for 2026-2027

Executive Committee	
Leadership Team	Kyoko Kobayashi, Katherine Beaudry, Deborah May
Secretary	Linda Williams, Helen Furman
Treasurer	Jillian Birnie
Standing Committee Chairs	
Advocacy	
Finance	Jillian Birnie
Hospitality	Jocelyne Kerby, Susan Bowen
Interest Groups	Christine Forber
Membership	Sheila Aldoroty, Janis Fournier
Newsletter Editor	Pat Zelonka
Programme	Debbie Brunet, Gloria Tomlinson
Website / Social Media	Raine Greenwood

CFUW Oakville – Committees by Appointment Chairs for 2026-2027

Committees by Appointment Chairs	
Archivist	Hilary Vavasour
Nominations	Leadership Team
Technology	Kyoko Kobayashi
Dinners	Katherine Beaudry

Event Calendar



Event	Location	Date	Time
CFUW Oakville Board Meeting	Zoom	Nov 2, 2026	7:00 pm
CFUW Oakville General Meeting **Jeopardy! Night with Sarah Murphy**	Trafalgar Park Community Centre and Zoom	Nov 16, 2026	Doors open at 6:30, meeting begins at 7 pm
Holiday Dinner See page 4	Oakville Conference Centre	Dec 7, 2026	Doors open at 6 pm seating at 6:50 pm
CFUW Oakville Board Meeting	Zoom	Jan 4, 2027	7:00 pm
CFUW Oakville General Meeting **Exploring Galapagos with the Pioneers of Expedition Travel**	Zoom	Jan 18, 2027	Meeting begins at 7 pm
CFUW Oakville Board Meeting	Zoom	Feb 8, 2027	7:00 pm
CFUW Oakville General Meeting **The Anti-Inflammatory Kitchen: Reclaiming your Energy, Joints and Sleep**	Zoom	Feb 24, 2027	Meeting begins at 7 pm

IN TOUCH is published for members and prospective members of CFUW Oakville, eight times a year. Deadline for submission is the Wednesday after the General Meeting (held on the third Monday of the month). All submissions should be directed to the Editor at editor@cfuwoakville.ca Advertising and hard copy distribution of the newsletter are co-ordinated by editor@cfuwoakville.ca. Please contact us for rates or to purchase advertising space.

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